



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
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Semester One: [15 Credit Hours]

ENG 1000	3			
BIO 1801	4	C	Yes	
CHE 1101/1102 (or Mat 1020 or higher)	4	C	Yes	Begins Gen Ed Science Inquiry Perspective (MAT completes Gen Ed Quantitative Literacy – C not required)
Gen Ed Perspective	3			Aesthetic Perspective
P E 1754	1		Yes	

Semester Two: [13-14 Credit Hours]

MAT 1020 or Higher (or PSY 1200)	3-4		Yes	Completes Gen Ed Quantitative Literacy (PSY 1200 found in two themes in the Hist/Soc Perspective)
CHE 1101/1110 or CHE 1102/1120	4	C	Yes	Gen Ed Science Inquiry Perspective
Gen Ed Perspective	3			Hist/Soc Perspective
UCO 1200	3			

Semester Three : [15-16 Credit Hours]

ENG 2001	3			
E S 2031	4		Yes	
PSY 1200 (or CHE 1102/1120)	3-4	C	Yes	Course found in two themes in the Hist/Soc Perspective (CHE 1102/1120 completes Gen Ed Science Inquiry Perspective – C Required)
Gen Ed Perspective	3			Loc/Glob Perspective
A T 1600	2		Yes	

Semester Four: [16 Credit Hours]

E S 2032	4		Yes	
E S 2005	3		Yes	
E S 2010	3		Yes	
Gen Ed Perspective	3			Aesthetic Perspective
E S 2020	3		Yes	

Semester Five: [16 Credit Hours]

PHY 1103	4		Yes	Begins Gen Ed Science Inquiry Perspective (if CHE not used)
Gen Ed Perspective	3			Loc/Glob Perspective
NUT 2202	3		Yes	Completes 2 s.h. Gen Ed Wellness Literacy
E S 3450	3		Yes	
S & C Elective	3		Yes	



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Semester Six: [16 Credit Hours]

PHY 1104	4		Yes	Completes Gen Ed Science Inquiry Perspective (if CHE not used)
E S 3005	3	C	Yes	Writing in the Discipline
Gen Ed Perspective	3			Third Course to Complete 9 s.h. Theme
S & C Elective	3		Yes	
S & C Elective	3		Yes	

Semester Seven: [16 Credit Hours]

E S 3550	4		Yes	
S & C Elective	3		Yes	
E S 4000	3		Yes	
E S 4060	3		Yes	CAPSTONE
P E Activity Course (1700-1889)	1		Yes	
Free Elective	2			

Semester Eight: [14 Credit Hours]

E S 4555	3		Yes	Make sure CPR Certification is current during this semester.
E S 4650	1		Yes	
E S 4600	3		Yes	
P E 4002	3		Yes	
S & C Elective	3		Yes	
S & C Elective	1		Yes	

General Requirements Summary

Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
122	44	ENG 1000 and ENG 2001	2.00	2.00

General Education Program Model - 44 Semester Hours Total

Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	



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Quantitative Literacy	4			
First Year Writing	3			Can be taken first or second semester of freshman year
Sophomore Writing	3			
Perspectives:	29			
Aesthetic	6 or 9			
Historical & Social	6 or 9			
Local to Global	6 or 9			
Science Inquiry	8			
FA Designator	LA Designator			HS Designator

Additional Notes:

- *Valid CPR card must be presented to Student Services Center, 102 Edwin Duncan Hall, prior to graduation.*
- *18 s.h. in major and 9 s.h. in minor must be at ASU.*
- *50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence.*
- *As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.*



Department of Health, Leisure and Exercise Science

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