

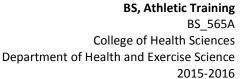


This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

| Course Subject and Title | Credit | Min. | Major | Important Notes |
|--------------------------|--------|-------|-------|-----------------|
| Course Subject and Title | Hours | Grade | GPA | important Notes |

| | • | | 1 | | |
|-------------------|---|-------|------------|--|--|
| | | Seme | ster One: | [15 Credit Hours] | |
| RC 1000 | 3 | | | | |
| UCO 1200 | 3 | | | | |
| CHE 1101 | 3 | | Yes | Begins Gen Ed Science Inquiry Perspective | |
| CHE 1110 | 1 | | Yes | Begins Gen Ed Science Inquiry Perspective | |
| A T 1600 | 3 | С | Yes | | |
| Gen Ed Experience | 3 | | | Liberal Studies | |
| | | | | | |
| A T 1800 | 2 | | Yes | | |
| MAT 1020 or 1025 | 4 | | Yes | Completes Gen Ed Quantitative Literacy | |
| H P 3100 | 3 | | Yes | | |
| CHE 1102 | 3 | | Yes | Completes Gen Ed Science Inquiry Perspective | |
| CHE 1120 | 1 | | Yes | Completes Gen Ed Science Inquiry Perspective | |
| Gen Ed Experience | 3 | | | Liberal Studies | |
| | | Semes | ter Three | : [17 Credit Hours] | |
| E S 2031 | 4 | | Yes | | |
| A T 2100 | 2 | С | Yes | | |
| H P 1105 | 2 | | Yes | Completes Gen Ed Wellness Literacy | |
| A T 2300 | 4 | С | Yes | | |
| A T 2600 | 2 | | Yes | | |
| RC 2001 | 3 | | | | |
| | | Seme | ster Four: | [15 Credit Hours] | |
| E S 2032 | 4 | | Yes | | |
| A T 3610 | 3 | С | Yes | Writing in the Discipline | |
| A T 2700 | 2 | | Yes | | |
| A T 2400 | 4 | С | Yes | | |
| Gen Ed Experience | 3 | | | Liberal Studies | |
| | | Seme | ster Five: | [15 Credit Hours] | |
| A T 3600 | 3 | С | Yes | | |
| A T 3620 | 3 | С | Yes | | |
| A T 3000 | 3 | | Yes | | |
| AT 3010 | 3 | | Yes | | |
| Gen Ed Experience | 3 | | | Liberal Studies | |





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|--------------------------|--------|-------|-------|-----------------|
| Course subject and Title | Hours | Grade | GPA | Important Notes |

| Semester Six: [17 Credit Hours] | | | | | |
|---------------------------------|---|--------|------------|--|--|
| A T 3615 | 3 | С | Yes | | |
| A T 3625 | 3 | С | Yes | | |
| A T 3400 | 3 | | Yes | | |
| A T 3215 | 2 | С | Yes | | |
| A T 4025 | 3 | С | Yes | | |
| Gen Ed Experience | 3 | | | Integrative Learning | |
| | | Semest | ter Seven: | [16 Credit Hours] | |
| PHY 1103 | 4 | | Yes | Begins Gen Ed Science Inquiry Perspective (if CHE not used) | |
| A T 4000 | 4 | | Yes | | |
| A T 4030 | 3 | С | Yes | CAPSTONE | |
| Gen Ed Experience | 3 | | | Integrative Learning | |
| Free Elective | 3 | | | | |
| | | Semes | ter Eight: | [13 Credit Hours] | |
| PHY 1104 | 3 | | Yes | Completes Gen Ed Science Inquiry Perspective (if CHE not used) | |
| A T 4000 | 4 | | Yes | Can be retaken for up to 8 s.h. of credit | |
| E S 2010 | 3 | | Yes | | |
| Gen Ed Experience | 3 | | | Integrative Learning | |

| General Requirements Summary | | | | | | |
|------------------------------|-------------------|---------------------|-----------|-------------|--|--|
| Minimum Gen Ed. | | Writing | Minimum | | | |
| Total Hours | Total Hours Hours | | Major GPA | Overall GPA | | |
| 122 | 44 | RC 1000 and RC 2001 | 2.0 | 2.50 | | |

| General Education Program Model - 44 Semester Hours Total | | | | |
|---|-------|--|--|--|
| Program Categories | Hours | Important Notes – Be sure to check for Gen Ed courses required in your major | | |
| First Year Seminar | 3 | Can be taken first or second semester of freshman year | | |
| Wellness Literacy | 2 | | | |
| Quantitative Literacy | 4 | | | |
| First Year Writing | 3 | Can be taken first or second semester of freshman year | | |



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|--------------------------|--------|-------|-------|-----------------|
| Course Subject and Title | Hours | Grade | GPA | important Notes |

| Sophomore Writing | 3 | |
|---------------------------------|----|--|
| Integrative Learning Experience | 9 | Must choose a minimum of two disciplines |
| Liberal Studies Experience | 12 | Must choose a minimum of three disciplines |
| Science Inquiry | 8 | |
| | | <u> </u> |

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- Admission to program is required. Visit http://hles.appstate.edu/admissions for more information.
- 800 hours in Athletic Training Room required with verification for Dean's Office needed for graduation.
- 18 s.h. in major and 9 s.h. in minor must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.



Department of Health, Leisure and Exercise Science

Athletic Training Director: Dr. Jamie Moul, mouljl@appstate.edu

828.262.7630 hles.appstate.edu