

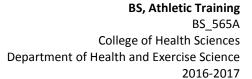


This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

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Course Subject and Title	Credit	Min.	Major	Important Notes			
Course subject and Title	Hours	Grade	GPA	Important Notes			

		Seme	ster One:	[16 Credit Hours]	
RC 1000	3				
UCO 1200	3				
CHE 1101	3		Yes	Begins Gen Ed Science Inquiry Perspective	
CHE 1110	1		Yes	Begins Gen Ed Science Inquiry Perspective	
A T 1600	3	С	Yes		
Gen Ed Experience	3			Liberal Studies	
		Semes	ster Two: [16 Credit Hours]	
A T 1800	2		Yes		
MAT 1020	4		Yes	Completes Gen Ed Quantitative Literacy	
H P 3100	3		Yes		
CHE 1102	3		Yes	Completes Gen Ed Science Inquiry Perspective	
CHE 1120	1		Yes	Completes Gen Ed Science Inquiry Perspective	
Gen Ed Experience	3			Liberal Studies	
Semester Three : [17 Credit Hours]					
E S 2031	4		Yes		
A T 2100	2	С	Yes		
H P 1105	2		Yes	Completes Gen Ed Wellness Literacy	
A T 2300	4	С	Yes		
A T 2600	2		Yes		
RC 2001	3				
		Seme	ster Four:	[15 Credit Hours]	
E S 2032	4		Yes		
A T 3610	3	С	Yes	Writing in the Discipline	
A T 2700	2		Yes		
Gen Ed Experience	3			Liberal Studies	
Gen Ed Experience	3			Liberal Studies	
Semester Five: [16 Credit Hours]					
A T 3600	3	С	Yes		
A T 3620	3	С	Yes		
A T 3000	3		Yes		
AT 3010	3	С	Yes		
AT 2400	4	С	Yes		





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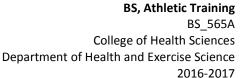
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Course Subject and Title	Hours	Grade	GPA	Important Notes		

Semester Six: [17 Credit Hours]						
A T 3615	3	С	Yes			
A T 3625	3	С	Yes			
A T 3400	3		Yes			
A T 3215	2	С	Yes			
A T 4025	3	С	Yes			
Gen Ed Experience	3			Integrative Learning		
		Semes	ter Seven:	[14 Credit Hours]		
PHY 1103	4		Yes	Begins Gen Ed Science Inquiry Perspective (if CHE not used)		
A T 4000	4		Yes	Can be retaken for up to 8 s.h. of credit		
A T 4030	3	С	Yes	CAPSTONE		
Gen Ed Experience	3			Integrative Learning		
		Semes	ter Eight:	[12 Credit Hours]		
PHY 1104	4		Yes	Completes Gen Ed Science Inquiry Perspective (if CHE not used)		
Free Elective	2					
E S 3002	3		Yes			
Gen Ed Experience	3			Integrative Learning		

General Requirements Summary							
Minimum	Gen Ed.		Minimum				
Total Hours	Hours	Writing	Major GPA	Overall GPA			
122	44	RC 1000 and RC 2001	2.0	2.50			

General Education Program Model	- 44 Semester Hours To	tal
Program Categories	Hours	Important Notes – Be sure to check for Gen Ed courses required in your major
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year
Sophomore Writing	3	





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Liberal Studies Experience 12 Must choose a minimum of three disciplines	Integrative Learning Experience	9	Must choose a minimum of two disciplines
	Liberal Studies Experience	12	Must choose a minimum of three disciplines
Science Inquiry 8	Science Inquiry	8	

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- Admission to program is required. Visit http://hles.appstate.edu/admissions for more information.
- 800 hours in Athletic Training Facility required with verification for Dean's Office needed for graduation.
- 18 s.h. in major must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence.
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.
- Revised 7/28/16

Beaver College of Health Sciences

Department of Health, Leisure and Exercise Science

Athletic Training Program Director: Dr. Ashley Goodman, goodmana@appstate.edu

828.262.7711 hles.appstate.edu