BS, Exercise Science, Pre-Professional



College of Health Sciences
Department of Health and Exercise Science
2015-2016



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title

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Credit Hours Grade GPA

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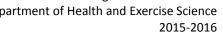
Course Subject and Title

		Semes	ster One:	[15 Credit Hours]
RC 1000	3			
BIO 1801	4		Yes	
CHE 1101/1110 (or MAT 1020 or higher)	4		Yes	Begins Gen Ed Science Inquiry (MAT completes Gen Ed Quantitative Literacy)
E S 2002	3			
P E Activity Course (1700-1889)	1		Yes	
		Semest	er Two: [1	3-14 Credit Hours]
MAT 1020 or Higher (or E S 2002)	3-4		Yes	Completes Gen Ed Quantitative Literacy
CHE 1101/1110 or 1102/1120	4		Yes	Gen Ed Science Inquiry
Gen Ed Experience	3			Liberal Studies
UCO 1200	3			
		Semeste	r Three : [16-17 Credit Hours]
RC 2001	3			
E S 2031	4		Yes	
PSY 1200 (or CHE 1102/1120)	3-4		Yes	PSY 1200 is Liberal Studies Course (CHE 1102/1120 Completes Gen Ed Science)
Gen Ed Experience	3			Liberal Studies
NUT 2202 or E S 2005	3		Yes	NUT 2202 Completes 2 s.h. Gen Ed Wellness Literacy
		Semes	ster Four:	[16 Credit Hours]
E S 2032	4		Yes	
E S 2005 or NUT 2202	3		Yes	NUT 2202 Completes 2 s.h. Gen Ed Wellness Literacy
Gen Ed Experience	3			Integrative Learning
Gen Ed Experience	3			Integrative Learning
PSY 2210	3		Yes	
		Seme	ster Five:	[16 Credit Hours]
PHY 1103	4		Yes	Begins Gen Ed Science Inquiry (if CHE not used)
Gen Ed Experience	3			Integrative Learning
E S 2020	3		Yes	
E S 3002	3		Yes	
PSY 2212	3		Yes	

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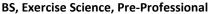
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Course Subject and Title	Credit	Min.	Major	Important Notes
Course Subject and Title	Hours	Grade	GPA	important Notes

		Seme	ster Six: [16 Credit Hours]
PHY 1104	4		Yes	Completes Gen Ed Science Inquiry (if CHE not used)
E S 3005	3		Yes	Writing in the Discipline
Pre-Prof Elective	3		Yes	
Pre-Prof Elective	3		Yes	
Pre-Prof Elective	3			
		Semest	ter Seven:	[16 Credit Hours]
E S 3550	4		Yes	
Pre-Prof Elective	3		Yes	
Pre-Prof Elective	3		Yes	
E S 4050	3		Yes	CAPSTONE
Free Elective	3			
		Semes	ter Eight:	[13 Credit Hours]
E S 4555	3		Yes	
Gen Ed Experience	3			Liberal Studies
Pre-Prof Elective	3		Yes	
Pre-Prof Elective	3		Yes	
P E Activity Course (1700-1889)	1		Yes	

General Requirements Summary					
Minimum Gen Ed.	Writing	Minimum			
Total Hours	·		Major GPA	Overall GPA	
122	44	RC 1000 and RC 2001	2.00	2.00	

General Education Program Model - 44 Semester Hours Total				
Program Categories	Hours	Important Notes – Be sure to check for Gen Ed courses required in your major		
First Year Seminar	3	Can be taken first or second semester of freshman year		
Wellness Literacy	2			
Quantitative Literacy	4			
First Year Writing	3	Can be taken first or second semester of freshman year		
Sophomore Writing	3			





BS_567B College of Health Sciences Department of Health and Exercise Science 2015-2016

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Course Subject and Title	Credit	Min.	Major	Important Notes
Course Subject and Title	Hours	Grade	GPA	important Notes

Integrative Learning Experience	9	Must choose a minimum of two disciplines
Liberal Studies Experience	12	Must choose a minimum of three disciplines
Science Inquiry	8	

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- 18 s.h. in major and 9 s.h. in minor must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence.
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.



Department of Health, Leisure and Exercise Science

Interim Dept. Chair: Dr. N. Travis Triplett, triplttnt@appstate.edu

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