BS, Nutrition and Foods, Wellness Concentration





Beaver College of Health Sciences
Department of Nutrition and Health Care Management
2021-2022

This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit	Min.	Major	Important Notes
Course Subject and Title	Hours	Grade	GPA	Important Notes

		Semeste	er One: [14 C	Credit Hours]
CHE 1101/1110	4	С	Yes	Begins Gen Ed Science Inquiry
STT 2820	4	С	Yes	Completes Gen Ed Quantitative Literacy Or MAT 1020, followed by STT 2810
RC 1000	3			First Year Writing
Gen Ed	3			Liberal Studies
		Semeste	er Two: [16 C	Credit Hours]
CHE 1102/1120	4	С	Yes	Completes Gen Ed Science Inquiry
NUT 2202	3	С	Yes	Completes 2 credit Gen Ed Wellness Literacy
UCO 1200	3			First Year Seminar
Gen Ed	3			Liberal Studies
Gen Ed	3			Integrative Learning
		Semeste	r Three: [14	Credit Hours]
BIO 1801	4	С	Yes	
NUT 1202	3	С	Yes	
NUT 2210	1	С	Yes	
PSY 1200	3	С	Yes	Counts toward Gen Ed Liberal Studies
RC 2001	3			Sophomore Writing
		Semeste	er Four: [15 (Credit Hours]
ACC 1050	3	С	Yes	
NUT 2203	3	С	Yes	
NUT 3400	3	С	Yes	
Required Minor Course	3			
Gen Ed Experience	3			Integrative Learning
		Semeste	er Five: [16 C	redit Hours]
E S 2030	4	С	Yes	
NUT 2201	3	С	Yes	
NUT 3205	3	С	Yes	
Gen Ed	3			Completes Gen Ed Integrative Learning
Gen Ed	3			Completes Gen Ed Liberal Studies

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BS_840D

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Course Subject and Title	Credit	Min.	Major	Important Notes
Course Subject and Title	Hours	Grade	GPA	Important Notes

		Semest	er Six: [15 Cr	edit Hours]	
NUT 2351	3	С	Yes		
NUT 3120	3	С	Yes	Writing in Discipline	
NUT 3300	2	С	Yes		
NUT 4552	1	С	Yes		
NUT 4560	3	С	Yes		
Required Minor Course	3				
		Semester	Seven: [13	Credit Hours]	
NUT 4300	3	С	Yes		
NUT 4504	3	С	Yes		
NUT 4600	1	С	Yes		
Required Minor Course	3				
Required Minor Course	3				
		Semeste	r Eight: [13 C	Credit Hours]	
BIO 2200	4	С	Yes		
NUT 4509	3	С	Yes		
Required Minor Course	3				
Free Elective	3	·			
Summer: [4 Credit Hours]					
NUT 4900	4	S	Yes	CAPSTONE	

General Requirements Summary					
Minimum Gen Ed.			Minimum		
Total Hours	W		Major GPA	Overall GPA	
120	44	RC 1000 and RC 2001	2.00	2.00	

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BS 840D

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Course Subject and Title	Credit	Min.	Major	Important Notes
Course subject and Title	Hours	Grade	GPA	Important Notes

General Education Program Model - 44 Semester Hours Total				
Program Categories	Hours	Important Notes – Be sure to check for Gen Ed courses required in your major		
First Year Seminar	3	Can be taken first or second semester of freshman year		
First Year Writing	3	Can be taken first or second semester of freshman year		
Wellness Literacy	2			
Quantitative Literacy	4			
Sophomore Writing	3			
Integrative Learning Experience	9	Must choose a minimum of two disciplines		
Liberal Studies Experience	12	Must choose a minimum of three disciplines		
Science Inquiry	8			

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- NUT and Wellness GPA requirements: 2.5 cumulative GPA required for declaration, 2.5 cumulative GPA required for retention, and 2.5 cumulative GPA required for graduation. The Beaver College of Health Sciences requires a minimum 2.0 major GPA for graduation.
- NUT and Wellness grade requirements: All NUT and Wellness majors must earn a minimum grade of "C" (2.0) in each required course in the major.
- Required minor options: Biology, Chemistry, Child Development, General Business, Global Studies, Health Care Management, Hospitality and Tourism Management, Marketing, Nonprofit Management, Public Health, Sustainable Development, or another selected minor with permission from the program director.
- 18 s.h. in major and 9 s.h. in minor must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU.
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.



Department of Nutrition and Health Care Management

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