



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

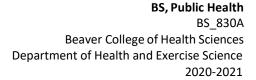
Shaded areas of guide require special attention.							
Course Subject and Title	Credit	Min.	Major	Important Notes			
Course subject and fitte	Hours	Grade	GPA	Important Notes			

Semester One: [16 Credit Hours]						
PH 2000	3	С	Yes	Counts toward Gen Ed Liberal Studies		
UCO 1200	3			First Year Seminar		
Gen Ed Experience	3			Liberal Studies		
Gen Ed Experience	3			Integrative Learning		
General Science Inquiry	4			Begins Gen Ed Science Requirement		

Semester Two: [16 Credit Hours]						
NUT 2202	3	Ye	es	Completes 2 credit Gen Ed Wellness Literacy		
R C 1000	3			First Year Writing		
Gen Ed Experience	Gen Ed Experience 3		Liberal Studies			
Gen Ed Experience 3 Liberal Stu		Liberal Studies				
General Science Inquiry	4			Completes Gen Ed Science Requirement		

Semester Three: [16 Credit Hours]						
P H 2300	3	С	Yes			
R C 2001	3			Sophomore Writing		
STT 2820	4		Yes	Gen Ed Quantitative Literacy		
Minor or Guided Elective Course	3					
Gen Ed Experience	3			Integrative Learning		

Semester Four: [14 Credit Hours]							
P H 2200	3	С	Yes				
P H 2400	2	С	Yes				
P H 3250	3	С	Yes				
P H 3700	3	С	Yes				
Gen Ed Experience	3			Integrative Learning			





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Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes

Semester Five: [15 Credit Hours]							
HCM 2110	3	С	Yes				
P H 3130	3	С	Yes				
P H 3330	3	С	Yes				
Minor or Guided Elective Course	3						
Free Electives	3						

Semester Six: [12 Credit Hours]							
P H 3800	3	С	Yes	Writing in the Discipline			
P H 4200	3	С	Yes				
Minor or Guided Elective Course	3						
Minor or Guided Elective Course	3						

Semester Seven: [12 Credit Hours]							
P H 4600	3	С	Yes				
P H Applied Course	3		Yes				
P H Applied Course	3		Yes				
Minor or Guided Elective Course	3						

Semester Eight: [13 Credit Hours]						
P H 4800	3	С	Yes			
P H Applied Course	3		Yes			
Minor or Guided Elective Course	3					
Free Electives	3					
Free Electives	1					

Summer: [6 Credit Hours]						
P H 4900	6	S	Yes	CAPSTONE		

General Requirements Summary										
Minimum	Gen Ed.		Minimum							
Total Hours Hours		Writing	Major GPA	Overall GPA						
120	44	RC 1000, RC 2001 and PH 3800	2.50	2.50						



Program Categories	Hours	Important Notes – Be sure to check for Gen Ed courses required in your major
First Year Seminar	3	Can be taken first or second semester of freshman year
First Year Writing	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
Sophomore Writing	3	
Integrative Learning Experience	9	Must choose a minimum of two disciplines
Liberal Studies Experience	12	Must choose a minimum of three disciplines
Science Inquiry	8	

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- 15 s.h. of guided electives or a minor is required. If a minor is chosen that requires more or less than 15 hours, general electives will need to be adjusted accordingly.
- 18 s.h. in major and 9 s.h. in minor must be at ASU.
- 50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU.
- As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.



Department of Health and Exercise Science

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