

This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade Required	Included in Major GPA	Important Notes POS = Program of Study
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Semester One: [16 Credit Hours]

ENG 1000	3			May take in fall or spring semester of first year
UCO 1200	3			May take in fall or spring semester of first year
PSY 1200	3		X	Also counts in Gen Ed Historical & Social Perspective Individual & Society OR The Mind theme
Gen Ed Science Inquiry Course	4		X	
Gen Ed Perspective Course	3			Historical Studies Designation

Semester Two: [15 Credit Hours]

PSY 2200	1		X	
STT 2820	4	C	X	STT 2820 also meets Gen Ed Quantitative Literacy
Gen Ed Science Inquiry	4		X	
Gen Ed Perspective	3			Fine Arts Designation
Gen Ed Perspective	3			

Semester Three : [16 Credit Hours]

ENG 2001	3			
PSY 3100	4		X	[WID]
Health Studies Concentration Course 1	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above and from at least two of the departments listed in Area III on POS ; Any course used to meet Gen Ed requirements may not be used in concentration
Gen Ed Perspective	3			Literary Studies Designation
Gen Ed Perspective	3			

Semester Four: [15-16 Credit Hours]

Foundations Group Course 1	3		X	Choose one course from each Group in Area II. C. on POS (Biological, Developmental, Indiv/Group Behavior, Learning & Cognition); Groups may be taken in any order;
Foundations Group Course 2	3		X	Choose one course from each Group in Area II. C. on POS; Groups may be taken in any order;
Science/Math Required Course 1	3-4		X	A total of 7 additional hours of math/science are required for this area (Gen Ed Science Literacy counted for first 8 hours) See Area II. H on POS for information on courses allowed
Health Studies Concentration Course 2	3		X	
Gen Ed Perspective	3			

Semester Five: [14Credit Hours]

Health Studies Concentration Course 3	3		X	
Gen Ed Perspective	3			
Foundations Group Course 3	3		X	Choose one course from each Group in Area II. C. on POS; Groups may be taken in any order;

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Foundations Group Course 4	3		X	Choose one course from each Group in Area II. C. on POS; Groups may be taken in any order;
Gen Ed Wellness course	2			If Gen Ed is complete, take Free Elective
Semester Six: [15-16 Credit Hours]				
PSY Laboratory Course	1		X	Choose one: PSY 4211, 4213, 4214, 4215, 4216, 4217
PSY Research/Internship/Service Learning	2		X	Choose from courses in Area II. D section 2 on POS; May be split over two semesters
PSY Elective 1	3		X	
Applied PSY Course 1	3		X	Choose from courses in Area II. E on POS
Health Studies Concentration Course 4	3		X	
Science/Math Required Course 2	3-4		X	A total of 7 additional hours of math/science are required for this area (Gen Ed Science Literacy counted for first 8 hours) See Area II. H on POS for information on courses allowed
Semester Seven: [15 Credit Hours]				
Applied PSY Course 2	3		X	Choose from courses in Area II. E on POS
PSY Elective 2	3		X	
Health Studies Concentration Course 5	3		X	
Health Studies Concentration Course 6	3		X	
Free Elective	3			
Semester Eight: [15-16 Credit Hours]				
PSY 4655 or PSY 4658	3		X	CAPSTONE
Health Studies Concentration Course 7	3		X	
Science/Math Required Course 3	3		X	If needed for a total of: 7 additional hours in math/science are required for this area (Gen Ed Science Literacy counted for first 8 hours) See Area II. H on POS for information on courses allowed; OTHERWISE , take Free Elective
Free Elective	3			
Free Elective	2-4*			*Take enough Free Elective hours to reach the minimum 122 hours required for the degree.

General Requirements Summary				
Minimum Total Hours	Gen Ed. Hours	Writing	Minimum Major GPA	Minimum Overall GPA

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122	44	ENG 1000 and ENG 2001	2.0	2.0
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All PSY courses and all courses in Areas II & III on the Program of Study count in the major GPA.

General Education Program Model - 44 Semester Hours Total		
Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year
Sophomore Writing	3	
Perspectives:	29	
Aesthetic	6 or 9	
Historical & Social	6 or 9	
Local to Global	6 or 9	
Science Inquiry	8	

Additional Notes:

- PSY 1200 may be used in both major and Gen Ed requirements. If used to fulfill a Gen Ed Perspective theme course, replace one “Gen Ed Perspective” with Free Elective.
- Residency Requirements:
 - 31 hours must be from ASU
 - 18 hours in the major must be from ASU
 - 9 hours in the minor must be from ASU