

This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade Required	Included in Major GPA	Important Notes POS = Program of Study
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Semester One: [16 Credit Hours]

RC 1000	3			May take in fall or spring semester of first year
UCO 1200	3			May take in fall or spring semester of first year
PSY 1200	3		X	Counts as Liberal Studies Experience Course 1 and SS Designation
Gen Ed Science Inquiry Course	4		X	
Integrative Learning Experience Course 1	3			HS or LS or FA Designation

Semester Two: [15 Credit Hours]

PSY 2200	1		X	
STT 2820	4	C	X	STT 2820 also meets Gen Ed Quantitative Literacy
Gen Ed Science Inquiry	4		X	
Liberal Studies Experience Course 2	3			
Integrative Learning Experience Course 2	3			HS or LS or FA Designation

Semester Three : [16 Credit Hours]

RC 2001	3			
PSY 3100	4		X	[WID]
Health Studies Concentration Course 1	3		X	Need a total of 21 hours (approximately 7 courses) from the 2000 level or above (1000 level or above in Biology) and from at least two of the departments listed in Area III on POS ; Any course used to meet Gen Ed requirements may not be used in concentration
Liberal Studies Experience Course 3	3			HS or LS or FA Designation
Integrative Learning Experience Course 3	3			

Semester Four: [15-16 Credit Hours]

Foundations Group Course 1	3		X	Choose one course from each Group in Area II. C. on POS (Biological, Developmental, Indiv/Group Behavior, Learning & Cognition); Groups may be taken in any order;
Foundations Group Course 2	3		X	Choose one course from each Group in Area II. C. on POS; Groups may be taken in any order;
Science/Math Required Course 1	3-4		X	A total of 7 additional hours of math/science are required for this area (Gen Ed Science Literacy counted for first 8 hours) See Area II. H on POS for information on courses allowed
Health Studies Concentration Course 2	3		X	
Liberal Studies Experience Course 4	3			

Semester Five: [14 Credit Hours]

Health Studies Concentration Course 3	3		X	
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Free Elective	3			
Foundations Group Course 3	3		X	Choose one course from each Group in Area II. C. on POS; Groups may be taken in any order;
Foundations Group Course 4	3		X	Choose one course from each Group in Area II. C. on POS; Groups may be taken in any order;
Gen Ed Wellness course	2			If Gen Ed is complete, take Free Elective
Semester Six: [15-16 Credit Hours]				
PSY Laboratory Course	1		X	Choose one: PSY 4211, 4213, 4214, 4215, 4216, 4217
PSY Research/Field Work/Service Learning	2		X	Choose from courses in Area II. D section 2 on POS; May be split over two semesters
PSY Elective 1	3		X	May not choose PSY 2000 level courses except for PSY 2210
Applied PSY Course 1	3		X	Choose from courses in Area II. E on POS
Health Studies Concentration Course 4	3		X	
Science/Math Required Course 2	3-4		X	A total of 7 additional hours of math/science are required for this area (Gen Ed Science Literacy counted for first 8 hours) See Area II. H on POS for information on courses allowed
Semester Seven: [15 Credit Hours]				
Applied PSY Course 2	3		X	Choose from courses in Area II. E on POS
PSY Elective 2	3		X	May not choose PSY 2000 level courses except for PSY 2210
Health Studies Concentration Course 5	3		X	
Health Studies Concentration Course 6	3		X	
Free Elective	3			
Semester Eight: [14-16 Credit Hours]				
PSY 4655 or PSY 4658	3		X	CAPSTONE
Health Studies Concentration Course 7	3		X	
Science/Math Required Course 3	3		X	If needed for a total of: 7 additional hours in math/science are required for this area (Gen Ed Science Literacy counted for first 8 hours) See Area II. H on POS for information on courses allowed; OTHERWISE , take Free Elective
Free Elective	3			
Free Elective	2-4*			*Take enough Free Elective hours to reach the minimum 122 hours required for the degree.

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General Requirements Summary				
Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
122	44	RC 1000 and RC 2001	2.0	2.0

All PSY courses and all courses in Areas II & III on the Program of Study count in the major GPA.

General Education Program Model - 44 Semester Hours Total		
Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	
Quantitative Literacy	4	
First Year Writing	3	Can be taken first or second semester of freshman year
Sophomore Writing	3	
Integrative Learning Experience	9	Must choose a minimum of two disciplines
Liberal Studies Experience	12	Must choose a minimum of three disciplines
Science Inquiry	8	

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

Additional Notes:

- Residency Requirements:
 - 31 hours must be from ASU
 - 18 hours in the major must be from ASU
 - 9 hours in the minor must be from ASU
 - Final 30 hours must be courses taken through ASU (includes internships, study abroad taken through ASU)