



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
--------------------------	--------------	------------	-----------	-----------------

#### Semester One: [15 Credit Hours]

RC 1000	3			
UCO 1200	3			
Gen Ed Experience	3			Liberal Studies
Gen Ed Science Inquiry	4			
Gen Ed Wellness Literacy	2			

#### Semester Two: [17 Credit Hours]

R M 2110	3	C	Yes	
Gen Ed Quantitative Literacy	4			
Gen Ed Experience	3			Liberal Studies
Gen Ed Science Inquiry	4			
Gen Ed Experience	3			Liberal Studies

#### Semester Three : [15 Credit Hours]

R M 2120	3		Yes	
R M 2220	3	C	Yes	
R M 2310	3		Yes	
Minor Course	3			Minor Required for this Major
RC 2001	3			

#### Semester Four: [15 Credit Hours]

Gen Ed Experience	3			Integrative Learning
R M 2410	3		Yes	
R M 2210	3		Yes	
Gen Ed Experience	3			Liberal Studies
Gen Ed Experience	3			Integrative Learning

#### Semester Five: [13 Credit Hours]

R M 3210	3		Yes	
R M 3315	1	C	Yes	
Minor Course	3			Minor Required for this Major
Gen Ed Experience	3			Integrative Learning
Minor Course	3			Minor Required for this Major



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
--------------------------	--------------	------------	-----------	-----------------

**Semester Six: [12 Credit Hours]**

R M 3610	3		Yes	Writing in the Discipline
R M OEE Elective	3		Yes	Written Approval from Advisor Needed for BCHS Office of Advising & Academic Support
Minor Course	3			Minor Required for this Major
RM 3154	3		Yes	

**Summer**

R M 4900	8-12	S	Yes	
----------	------	---	-----	--

**Semester Seven: [15 Credit Hours]**

R M OEE Elective	2		Yes	Written Approval from Advisor Needed for BCHS Office of Advising & Academic Support
R M 4110	3		Yes	
R M 3561	3		Yes	
R M 4140 or 3157	3		Yes	
Minor Course	3			Minor Required for this Major

**Semester Eight: [12 Credit Hours]**

R M 4210	3	C	Yes	CAPSTONE
R M 3561	3		Yes	
R M OEE Elective	2		Yes	Written Approval from Advisor Needed for BCHS Office of Advising & Academic Support
Free Elective	3			To reach 122 s.h. (Number of free electives may vary depending on minor chosen and number of internship hours completed)

**General Requirements Summary**

Minimum Total Hours	Gen Ed. Hours	Writing	Minimum	
			Major GPA	Overall GPA
122	44	RC 1000 and RC 2001	2.00	2.00

**General Education Program Model - 44 Semester Hours Total**

Program Categories	Hours	Important Notes – <i>Be sure to check for Gen Ed courses required in your major</i>
First Year Seminar	3	Can be taken first or second semester of freshman year
Wellness Literacy	2	



This four year guide is a recommended semester-by semester plan of study for this major. All four year guides are meant as examples of how a degree can be completed in four years. Individual plans will be developed for each student in consultation with the academic advisor. Prior credit, course availability, and student needs must be considered in developing the individual plan.

Shaded areas of guide require special attention.

Course Subject and Title	Credit Hours	Min. Grade	Major GPA	Important Notes
--------------------------	--------------	------------	-----------	-----------------

Quantitative Literacy	4			RM 4110 serves as 1sh substitute for transfer students with only 3sh of Quantitative Literacy
First Year Writing	3			Can be taken first or second semester of freshman year
Sophomore Writing	3			
Integrative Learning Experience	9			Must choose a minimum of two disciplines
Liberal Studies Experience	12			Must choose a minimum of three disciplines
Science Inquiry	8			

You must also meet the Fine Arts, Literary Studies, Historical Studies, and the Social Science Designations. Those may be met within the Integrative Learning Experience and the Liberal Studies Experience.

#### Additional Notes:

- *A minor is required for this major.*
- *18 s.h. in major and 9 s.h. in minor must be at ASU.*
- *50 s.h. must be earned from a Senior Institution and 25% of the degree hours must be in residency at ASU, with the final 30 s.h. in residence.*
- *As stated in the catalog, the final responsibility for meeting graduation requirements remains with the student.*

## Beaver College of Health Sciences

APPALACHIAN STATE UNIVERSITY®

### Department of Recreation Management and Physical Education

Dept. Chair: Dr. Dale Adkins [adkinskd@appstate.edu](mailto:adkinskd@appstate.edu)

828.262.7808

rmpe.appstate.edu